



'Free to Flourish'

Roe Lee Park P.E. overview 20 21



'Free to Flourish'

	Autumn 1.	Autumn 2.	Spring 1.	Spring 2.	Summer 1.	Summer 2.
EYFS.	Fundamental skills.	Fundamental skills.	Fundamental skills.	Fundamental skills.	Fundamental skills.	Fundamental skills.
Reception.	Games.	Dance.	Multi skills.	Gymnastics.	BRCT - Tots to Tyres.	Games.
Year 1.	Games.	Dance.	Multi skills.	Gymnastics.	OAA.	Games.
Year 2.	Games.	Dance.	Multi skills.	Gymnastics.	OAA.	Games.
Year 3.	Invasion Games.	Dance.	Indoor Athletics.	Gymnastics.	Net/Wall.	Striking/Fielding.
	Invasion Games.	Invasion Games.	Circuit training/Fitness.	Gymnastics.	OAA.	Athletics.
Year 4.	Invasion Games.	Dance.	Indoor Athletics.	Gymnastics.	Net/Wall.	Striking/Fielding.
	Invasion Games.	Invasion Games.	Circuit training/Fitness.	Gymnastics.	OAA.	Athletics.
Year 5.	Invasion Games.	Dance.	BRCT – Move to Learn.	Gymnastics.	OAA.	Striking/Fielding.
	Swimming.	Swimming.	Swimming.	Swimming.	Swimming.	Swimming.
Year 6.	Invasion Games.	Dance.	Indoor Athletics.	Gymnastics.	Net/Wall.	Striking/Fielding.
	Invasion Games.	Invasion Games.	Circuit Training/Fitness.	Gymnastics.	OAA.	Athletics.

Please see the attached Lancashire document re PE in Autumn 2020. Due to restrictions around Covid-19 some activities are not able to take place. E.g. Invasion Games.

Continuous activities for classes to take part in are:-

The Daily Mile, Joe Wicks workouts, HIIT workouts for children, Cosmic Kids and Avengers workouts for children.